



# Microhydrin®

Energy, Endurance and Recovery



Holistic Health  
Refined with  
Research

True to our heritage, we provide solutions that sustain and advance natural health and wellness. We combine the best of nature with responsible, smart science to deliver exclusive products with effective results. With over 25 years of research experience, RBC Life understands and improves the strength of nature so we can deliver it to you.

item #1544 - 60 vegetable capsules  
item #15442 - 120 vegetable capsules  
item #154425 - 240 vegetable capsules

FROM RBC LIFE SCIENCES®

## Key benefits:

- Energy and endurance\*
- Reduced soreness after exercise\*
- Powerful antioxidant protection\*

## What is it?

Microhydrin is a powerful antioxidant that supplies the body with building blocks to help create energy, enhance endurance and speed recovery.\* Microhydrin can give you the life energy not provided by our modern diets.\*

## What is it formulated to do?

This uniquely powerful antioxidant provides your body with the building blocks to produce energy on a cellular level. You need an abundant supply of electrons to generate energy. Microhydrin provides the highest number of electrons of any antioxidant available.\*

## Who may benefit?

Everyone, regardless of age, can benefit from Microhydrin. If you need energy, endurance and an increased ability to recover quickly, you need Microhydrin.

## How is it used?

Microhydrin can be taken every day as a powerful antioxidant. Athletes enjoy taking Microhydrin just before their workout because it gives them more energy, greater endurance and it hastens muscle recovery.

## Antioxidant activity

Microhydrin has been proven to be an incredibly potent antioxidant.\* Research has shown that Microhydrin provides powerful protection from free radical damage.\* While taking 4 capsules of Microhydrin a day for two weeks, patients showed a 43% increase in free radical protection as compared to the placebo group.

Free radicals are unstable compounds our bodies generate every day. The presence of these compounds is normal; however, poor eating habits, pollution, stress and other factors have led to a dangerous increase in the number of free radicals created by our bodies.

Free radicals, created through oxidation, are compounds that have lost an electron. They travel through the body, stealing electrons, which damages normal, healthy cells. This can impair the intracellular DNA and RNA and other important molecules in the cell. Damage caused by free radicals is closely linked to many degenerative diseases.



To order, call 800-897-0321 or visit [www.RBCInfo.com](http://www.RBCInfo.com)

**What exactly is Microhydrin?**

Microhydrin is a unique silicate mineral; a compound of silica and hydrogen ions that contain loosely bound extra electrons. The extra electrons are freely given to neutralize free radicals, rendering them harmless. Microhydrin is unique because hydrogen, being the smallest element, can provide trillions of these electrons – more than any other antioxidant known.\*

**Research backed benefits:**

- Within the proper pH range, the body can exercise its amazing capacity to restore itself. When eight patients took 4 capsules per day for 18 days, their saliva pH and urine pH both improved.\*
- Eight patients received 4 capsules per day for two weeks and their extracellular and intracellular hydration improved. Extracellular water bathes the cells while intracellular water is inside the cell. Intracellular hydration is an indicator of cell integrity.\*
- Our bodies need an adequate supply of oxygen to survive. Microhydrin improves cellular oxygenation.\*
- Oxygen burns hydrogen, producing energy. Hydrogen and oxygen combine to produce ATP, the energy molecule of our cells. ATP is dependent on the production of NADH. Microhydrin helps produce NADH, which carries hydrogen into the cell. The reactions that take place create water and ATP. Athletes and other customers have reported a noticeable increase in energy upon consuming Microhydrin.\*
- The billions of cells in our bodies must communicate with each other to maintain life. This communication takes place through electrons, which cannot move in the body without hydrogen. Microhydrin provides an abundant supply of negatively charged hydrogen ions, giving your body the electrons it needs to keep cellular communication flowing.\*
- One capsule of Microhydrin gives ordinary water the surface tension of normal, healthy extracellular fluid.\* This enhances your body's ability to absorb nutrients.\* Your cells are constantly taking in nutrients and flushing out toxins. Proper surface tension greatly enhances the efficiency of these cellular reactions.

**Safety**

Microhydrin consists of natural-source minerals. Once it is consumed, it releases negative hydrogen ions, normally found in fresh organic fruits and vegetables, to provide the life energy that is missing from our modern diets. We need these electrons to function properly on the cellular level. Toxicity tests performed by an independent lab show safety at levels far above the suggested dose, indicating that Microhydrin is extremely safe.\*

**ALKALIZE FOR HEALTH**



Order from your RBC Life Independent Associate:

Call 800-897-0321 or  
visit [www.RBCInfo.com](http://www.RBCInfo.com)

**Supplement Facts**

Serving Size: 2 Capsules  
Servings Per Container: 60

Amount Per Serving	% Daily Value
Microhydrin® (a Proprietary Blend) 600 mg	†
Potassium carbonate, magnesium ascorbate, potassium citrate, silica, purified-ionized water, calcium hydroxide, mannitol, ascorbic acid, magnesium sulfate, citric acid, sunflower seed oil	

† Daily Value not established.

**Other Ingredients:** Rice flour, magnesium stearate, vegetable capsule (hypromellose, water)

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.